

Mount Olive Junior Wrestling

Wrestle-off Guidelines & Policies

1. The coaches will determine who is eligible based on attendance and skill level.
2. The coaches reserve the right to move ("bump") wrestlers to different weight classes on the day of the match in order to obtain better pairings for the team as a whole. This maintains the component of wrestling as a "team" sport. The safety and welfare of the wrestler will always be given first consideration.
3. Wrestlers should be no more than approximately 2% (1-3 lbs.) over the certified weight class they are challenging at the time off wrestle-offs. That is, the younger, lighter boys (50-80 lbs.) should be no more than 1-1/2 lbs. over, while the upper weights, (100-147 lbs.) have 2-3 lbs. Again, coaches' discretion will apply.
4. Wrestlers will be "seeded" according to common wrestling criteria. After wrestle-offs are completed, the "Varsity" wrestler will be considered the "top seed" for the next wrestle-off.
5. Wrestlers not attaining varsity level at their weight class may challenge up **one or two** weight classes as per Tri-County rules.
6. Wrestle-offs will be refereed by a coach, consist of three periods each having a one-minute duration. They will follow the Tri-County Youth Wrestling League rules and be scheduled during normal practice sessions.
7. **There will be NO coaching during the wrestle-offs ...by coaches, parents or teammates!!** Parents will be allowed to watch the wrestle-offs. Coaches who are parents will be asked to stay at the opposite end of the room. Coaches will not referee or be involved with their child's wrestle-off.
8. The frequency of wrestle-offs will be determined by the match schedule. Ideally, wrestle-offs would be held every week. The coaching staff has the discretion to hold wrestle-offs on a more or less frequent basis if required.

Wrestle-off Guidelines & Policies cont...

9. If a seeded wrestler cannot make wrestle-offs for any reason, the coaches must be notified and it will be up to the discretion of the coaching staff to determine if his position is open to challenge. This prevents someone from avoiding a challenge in order to keep his position.

10. Tri-County Tournament eligibility is determined by the number of matches wrestled and the weight class they were wrestled at. A wrestler who has won every wrestle-off for the season will not be challenged for the Tournament. A wrestler who has won the vast majority of the wrestle-offs will earn his tournament birth by beating his opponent in the first match of the wrestle-off. If the wrestler winning the minority of his matches wins the first wrestle-off, it becomes a best of three (3) series. A wrestler who has won no wrestle-offs will not be eligible to challenge for the Tournament.

11. As it is impossible to project every scenario and possibility, these aforementioned "rules" should be viewed as guidelines to treat each wrestler as fairly and objectively as possible. In the event that an unforeseen case arises, the coaches will have the final decision as to the method applied to solve the issue(s).

FINAL NOTE

It is ultimately the wrestler's responsibility to make the weight he challenges at. Failure to do so causes the team to possibly forfeit that class and lose team points as well as depriving another wrestler the opportunity to compete. The coaches reserve the right to impose penalties at their discretion.

Addendum

1. Once a wrestler has won three (3) consecutive wrestle-offs against a given challenger, that challenger needs to win two (2) out of three (3) if he wins the first match of the next wrestle-off.
2. For open tournaments, all wrestle-offs should be completed prior to the weigh-in and will be final.
3. Wrestlers who register by 12/1 may have full wrestling privileges. After the 1st, they may only wrestle-off for a spot that is not taken or upon a vote of quorum of the Board and JV/Varsity Coaches. A 2/3's majority is required to prevail. (Exceptions will be made for new Mount Olive residents who have been participating in another wrestling program for the current season.)